



Top 10 Things to Know About

INVISALIGN

- 1 Aligners must be worn 20-22 hours each day. You should only remove them when eating, brushing, and flossing. Tooth movement only occurs when the aligners are worn.
- 2 Tooth-colored attachments or metal buttons may be attached to your teeth during treatment. The attachments/buttons aid in moving your teeth or in the correction of your bite. If an attachment/button comes off, please call our office.
- 3 Invisalign treatment may require Interproximal Reduction (IPR) or tooth reshaping. This creates space to allow your teeth to align.
- 4 Keeping your scheduled appointment is critical to your treatment and the only way we can ensure that your treatment is progressing as planned. If you have not finished your prescribed set of trays, please reach out to our office so we can move your appointment accordingly.
- 5 It is critical that you follow instructions on wearing the aligners (insertion, removal), cleaning (anti-bacterial hand soap), and proper brushing and flossing covered in the use and care instructions pamphlet included in your starter kit.
- 6 Always store your aligners in the case provided when they are not being worn. Never wrap your aligners in a napkin! Please keep all of your previous aligners in your current set in the rare case that they are lost or misplaced. If an aligner is lost, please call our office immediately.
- 7 Because the aligners are designed to move your teeth sequentially, it is very important to wear each aligner in the order prescribed. Please make sure you have your aligners with you at each appointment.
- 8 The first set of clear aligners is not the last you'll ever need. These teeth aligners work differently from traditional braces. The frequency with which you visit our office will depend on your treatment plan. Every new set of Invisalign aligners will be tighter than the previous one. This ensures the teeth continue to move.
- 9 No elective restorative work should be done after treatment has started without consulting Dr Drobocky. This could cause your aligners to fit improperly.
- 10 You will still need to wear a retainer after your Invisalign treatment is finished. Retainers are absolutely imperative to ensure that no other tooth movement will occur. Retainers are a lifetime commitment!

