

Common Problems

ACHINESS

Some soreness can be expected after getting braces on and after adjustment appointments. Rinse your mouth with warm salt water. If necessary, take the pain reliever that you would use for a headache.

WIRE POKING

Cover the wire with wax or sugar free gum. Simply dry the area, soften the wax between your fingers and place it over the area that is bothering you. This will help keep you comfortable until your next appointment.

WIRE SHIFTED

Occasionally, your wire may shift slightly to one side, causing it to poke out one side. If this happens, you can use your fingernail to gently slide the wire back around the other side. If unsuccessful, use wax to prevent poking and call our office for an appointment.

BUILD UPS/TURBOS

Build ups help prop your bite open; if you ever notice you are hitting on your brackets, please call the office to schedule an appointment. If you have bite turbos on, it is okay if one comes off. If they both come off, please call to make an appointment.

BRACKET

If your bracket comes off your tooth, you will need to make an appointment to get this fixed. You can remove the bracket from the wire by using a clean pair of tweezers to open the bracket door and slide the bracket off the wire.

EMERGENCY

If you experience extreme pain or have an injury, please contact our office immediately! There are very few true orthodontic emergencies, but in the event you are experiencing one, we are available 24/7.